## **VerdeCares Volunteer Services**

We are proud to be an integral part of our communities. We are committed to improving lives and restoring the well-being of our neighbors.

No Charge Services as needed include:

#### Support Services

- ♦ Medical Transportation
- ♦ Errands (Prescription pickup)
- ◆ Grocery Shopping
- **♦ Mobile Meals**
- **♦** Caregiver Relief (Respite)
- ♦ Minor Handyman Support
- **◆** Office Support
- ♦ Weekly Visits/Phoning
- **♦ Medication Management Assistance**
- **♦ Wound Management Assistance**
- **♦** Hospital Care Management
- ♦ Medical Alert System

### **Social Activities**

- ♦ Men's Putting and Lunch
- ♦ Ladies' Putting and Lunch
- ♦ Young-at-Heart Educational Luncheon

### **Education and Sharing**

- ♦ Ask the Doctor (no charge consultation)
- ◆ Alzheimer's Education
- ◆ Parkinson's Education
- Cancer Support
- **♦** Macular Degeneration

#### **Outside Service Resources**

- **♦ In-Home Caregivers**
- ◆ Care Homes and Assisted Living

## **Notes:**



#### Transportation Requests Email: transport@verdecares.org

Donate online at www.verdecares.org Employer ID Number: 27-1600105





Phone: (480) 471-8944

Vicki Beseke, Executive Director Email: vicki@verdecares.org

Vicki: 480-540-1312 www.verdecares.org



\*Non-discrimination and other company policies available upon request.



# ... neighbors helping neighbors



VerdeCares trained volunteers provide nonmedical care at *no charge!* 

Serving the lower Verde Valley

Rio Verde, Tonto Verde, the Verde Foothills and Trilogy at Verde River

Zip codes 85262 & 85263

#### **About VerdeCares**

VerdeCares Inc., is a 501(c)3 non-profit Arizona Corporation, offering volunteer services to our residents at no charge.

#### **Our Mission**

VerdeCares is dedicated to enhancing the quality of life and promoting the health and well-being of our residents. Our volunteer services serve the homebound, caregivers, those living with chronic illness and those returning from surgery within our lower Verde Valley communities.

The company provides its non-medical, life changing services through a team of trained and empowered community volunteers.

#### **Our Vision**

Community well being through the simple act of "neighbors helping neighbors".

#### **Our Values**

Confidentiality - Caring - Accountability

Respect - Advocate - Integrity

#### **Care Commitment**

Assist and track patient/neighbors progress from illness or surgery to self-sufficiency.

#### **Care Management Services:**

Guide to Services from Hospital Admission to Home Self-Sufficiency

Our Care Management Services are unique to each case and are tailored to meet specific individual needs whether a one-time assessment, or ongoing assistance. Our Care Management team's knowledge of the healthcare process will ensure that VerdeCares can offer our residents assistance in making healthcare decisions. With their oversight, VerdeCares' non-medical service assistance is keeping pace with the rapid changes occurring in the healthcare industry.

#### Assessment During Your Hospital/Rehab Stay

Working with your hospital healthcare team, we will assess your needs as they relate to your stay in the hospital and/or rehab and discharge plan.

#### VerdeCares will:

- Assist Hospital Care Management and Social Workers with information needed
- ♦ Visit Regularly
- Advocate Point of Contact, if requested
- ♦ Connect Doctor/Nurse with Family POA
- Help with the transition from Hospital to Rehab and/or Hospital to Home
- ♦ Assist with Home Health/Home PT Referrals
- Provide updates to family point of contact, if requested
- Provide hospital Care Management Team with referrals to Rehab, Care Homes and/or assisted living accommodations selected by the Patient

#### **Transitioning Home**

As part of your plan of care, VerdeCares will coordinate services that you may need when discharged from the hospital and/or rehab. In addition, we will provide support and additional services to you and your family, such as:

- **♦** Home Safety Assessment
- Medical Equipment
- **♦** Medication Management Assistance
- Wound Care Compliant
- Transportation to medical and/or rehab appointments
- Medical Alert System
- ♦ Meals, Grocery Shopping
- Run Errands (prescription pickup)
- **♦** Caregiver Respite
- **♦** Minor Handyman Support

For services not provided by VerdeCares, we can provide helpful resources.

## **Referrals for Area Resources**

- Referrals for skilled care at home (nursing, physical therapy and in-home caregivers)
- **♦** Local Assisted Living Care Homes
- Elder Law Resources for Advanced Directives
- Assisted living, extended care, skilled nursing, acute rehab or long-term care facilities.